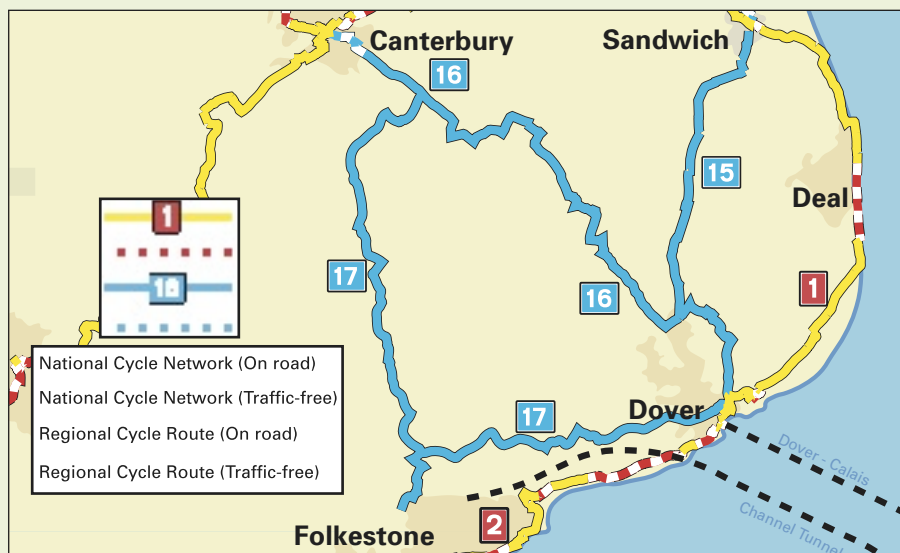




coast to cathedral



The 'Coast to Cathedral' is a marvellous 50 mile (80km), circular ride on Regional Routes 16 and 17 linking Dover, Folkestone and Canterbury.

The ride is blessed with leafy lanes and bridleways, rolling hills, wide skies, woodland, country villages and hamlets; the perfect recipe for a cycle holiday and great day rides.

The circular route is best approached anti clockwise via Route 16 as the climb out of Dover is short and steep compared to the longer harder climb out of Folkestone.

Leaving stunning views of Dover Castle behind, you soon join quiet country lanes and meander through fine East Kent countryside and old villages to Patricbourne where you join the North Downs Way to Canterbury.

The return leg from Canterbury branches off route 16 at Patricbourne as you pick up scenic Route 17 through Bridge to follow quiet valley lanes past Lynsore Bottom to Elham.

Continental travellers can connect with Le Shuttle Cycle Service (May – September) at Newington, alternatively route 17 skirts left on delightful lanes to Hawkinge and West Hougham, downhill to Dover.

One way day riders on 16 or 17 can let the train take the strain on the return leg thanks to convenient stations at Folkestone, Dover and Canterbury. There is so much to see and do on this spectacular circular route with plenty of wonderful and interesting places to stay and enjoy!



(REGIONAL ROUTES 16 & 17)

50 miles (80km) Circular Route
 Dover to Canterbury
 21 miles (33km)
 Canterbury to Folkestone
 17 miles (27km)
 Folkestone to Dover
 12 miles (19km)

RAILWAY

There are railway stations at the beginning and end of both Regional Routes - Canterbury, Dover and Folkestone and six more stations along route 16
 For train times call: **08457 484950**

BIKE HIRE

Canterbury, **Downland Cycle Hire**
 tel: **01227 479643**
www.downlandcycles.co.uk
 Folkestone, **Renham's Cycle Hire**
 tel: **01303 241884**

TOURIST INFORMATION

Canterbury: **01227 378100**
 Dover: **01304 205108**
 Folkestone: **01303 258594**

MAPS & GUIDES

Ordnance Survey Explorer 150, 138 and Landranger 179 cover this area, please telephone KCC on **08458 247 600** or email: env.publications@kent.gov.uk to order.

Interactive cycle mapping and free downloadable leaflets at www.sustrans.org.uk

Additional information about cycling in Kent
www.kent.gov.uk/cycling

www.kent.gov.uk/explorekent

*a guide to cycling
 in the Kent countryside*